

Nordonia Dental Group

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Oral Surgery Instructions:

1. Bite on gauze for at least one hour after surgery.
2. No smoking for at least 24 hours.
3. No forceful spitting. You may gently spit as necessary.
4. Take medication as prescribed. DO NOT drink alcoholic beverages if you are taking a narcotic pain reliever.
5. Mild swelling and some oozing of a blood is normal.
6. In case of difficult or multiple extractions your doctor may recommend the application of an ice pack to the involved area. The ice pack should be applied and removed for 15 minute intervals for the first 3 hours after surgery.
7. Eat a Soft Diet (milkshakes, eggs, yogurt ect.) for the first 48 hours after surgery. Avoid chewing directly over the extraction site.
8. Avoid hard rinsing of your mouth for the first 24 hours following surgery. You may rinse gently with warm salt water or warm tap water.
9. DO NOT use a straw when drinking for 24 hours after surgery.